Year 10 Health and Social Care

Term One

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Introduction to the course. Life stages & PIES introduction · Infancy	Childhood · Adolescenc	Early adulthood · Middle adulthood · Later adulthood	Introduction of PIES · Physical · Intellectual · Emotional · Social	Physical Factors · Illness and Disease · Mental Health · Disability · Sensory Impairment	Lifestyle · Nutrition Physical Activity · Other Choice Emotional Factors · Social Factors · Relationships · Inclusion · Bullying · Discrimination

Term Two

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Cultural · Gender Roles · Sexual Orientation · Gender Identity	Environmental Factors · Housing · Pollution · Economic Factors · Employment · Financial	Health and wellbeing: · accident/injury · physical illness · mental and emotional health and wellbeing.	Relationship changes: · entering into relationships · marriage, civil partnership, long-term relationship · divorce, separation for non-married couples · parenthood · bereavement.	· Life circumstances: · moving house, school or job · exclusion from education · redundancy · imprisonment · changes to standards of living retirement.	The character traits that influence how individuals cope: · resilience · self-esteem · emotional intelligence · disposition – a person's character traits, e.g. positive, negative. · The sources of support that can help individuals adapt: family, friends, neighbours, partners professional carers and services community groups, voluntary and faith-based organisations multi-agency working, e.g. social services working with mental health trust, children's services working with the justice system multidisciplinary working, e.g. a health visitor working with a GP, psychiatric nurse with an occupational therapist.

Term Three

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
The types of support that can help individuals adapt: · emotional support · information, advice, endorsed apps · practical help – financial assistance, support with childcare, domestic chores, transport.	Component 1 Write up				

Term Four

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Component 1 Write up					

Term Five

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
A1 Healthcare services ● Health conditions: · arthritis · cardiovascular conditions – coronary heart disease, cerebral vascular accident · diabetes (type 2) · dementia · obesity	Health conditions: · respiratory conditions – asthma, chronic obstructive pulmonary disease (COPD) · additional needs – sensory impairments, physical impairments, learning disability.	Health services available: · primary care – GP surgeries, dental care, out-of-hours services, telephone services, accident and emergency departments · secondary care – specialist medical care to include rheumatology, respiratory medicine, cardiology, endocrinology o tertiary care – specialist medical care to include oncology, transplant services · allied health professions – physiotherapy, speech and language therapy, occupational therapy, dietetics · multidisciplinary team working – how services work together, including referrals between services.	Social care – help with day-to-day living because of illness, vulnerability or disability. ● Social care services: · services for children and young people – foster care, residential care, youth work · services for adults or children with specific needs (learning disabilities, sensory impairments, long-term health issues) – residential care, respite care, domiciliary care services for older adults – residential care, domiciliary care	Additional care: · informal care – given by relatives, friends, neighbours, partners · voluntary care – community groups and faith-based organisations, charities	Component 2 – Practice Task 1

Term Six

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Component 2 – Practice Task 1					