

Year 12 PSHE	
Long Term Career Planning	
Lesson topics	
Career Challenges Decision fatigue and career planning How can AI help in my career journey Learning from career journeys Long-term career goals and planning Starting a business as a teen Work life balance and career planning	
How will this term's content help with future learning	
Year 13 Term 1 Exploring your future options	
Common Misconceptions	
That there is only one path for a career and once you have made a career choice it is for life. Working for yourself is the best and easiest option.	
Positive Wellbeing Unit	
Lesson topics	
Dealing with depression Stress with performance Dealing with anxiety Coercion and controlling behaviour Sleep hygiene and mental health Promoting emotional wellbeing Resilience and growing up	
How will this term's content help with future learning?	
How to prepare to advocate for their own health Identifying red flags and issues within relationships and how to manage this	
Common Misconceptions	
Lack of sleep doesn't impact adult life	
Revisiting Sexual Health Education	
Lesson topics	
Pornography Masculinity and Misogyny Alcohol and bad choices	

Importance of sexual health
Contraception explored
Revisiting STI's
Respect and Relationships

How will this term's content help with future learning?

Year 13 Term 2 and 3
Sexual health and self-concept and contraception and parenthood

Common Misconceptions

Pornography is harmless form of entertainment
Pornography is not addictive
Contraception and sexual health is only important in long term relationships

Forming Respectful Relationships

Lesson topics

The importance of building relationships
The importance of family and friends
Online dating and personal safety
Exploring emotional intimacy
Avoiding toxic friendships
Power difference in relationships
Breaking up relationships

How will this term's content help with future learning?

Year 13 Term 3
Contraception and parenthood

Personal Finance

Lesson topics

Financial resilience
How to pick a bank
Saving options
How to use credit cards
Mortgage deals
How debt spirals
What is retirement and planning for it

How will this term's content help with future learning?

Year 13 Term 1
Exploring your future options

Common Misconceptions

Mortgages have no interest and are the only costs when buying a house Uncertainty in how to pick the best bank and use credit cards Unsure how interest rates work
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Religion and Life

Lesson topics

Abortion Euthanasia Use and abuse of animals Death and the afterlife Origins of the universe Religion, crime and punishment

How will this term's content help with future learning?
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Year 13 Term 5 Religion, human rights and social justice

Common Misconceptions

Misinformation and lack of understanding around the topics discussed and debated
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