

Year 11 PSHE	
Revisiting	
Key Questions	
Why is sexual health important? How might substance abuse impact someone's life? What makes a respectful relationship?	
What previous knowledge is required?	
KS3 Sexual health, contraception, healthy relationships, respectful relationships and substance abuse Year 10 Relationships and sex education	
Statutory Requirements	
Being Safe sections 5, 6, 7, 8 and 9 Intimate and sexual relationships, including sexual health Drugs, alcohol, tobacco and vaping	
Adult Health and Looking After Yourself	
Key Questions	
How can I advocate for my own health? What are the stigmas around teenage pregnancy? How do I apply for my next steps?	
What previous knowledge is required?	
Year 10 Healthy Behaviour and pregnancy and healthy bodies and healthy futures	
Common Misconceptions	
Next steps and choice after GCSE's What personal statements need to include How to advocate for their own health How to screen their bodies for health issues	
Statutory Requirements	
Families section 7 Intimate and sexual relationships section 7 Health protection and prevention section 7	
Staying Safe, Stay Smart	
Key Questions	
How can screen time impact studying?	

How have bullying and harassment changed with the use of modern technology?

How can I complete an application on Kent choices?

What previous knowledge is required?

KS3

Body confidence, bullying in all its forms, bullying and media literacy, cyberbullying, Digital worlds and emerging dangers and friends, respect and relationships.

Common Misconceptions

That bullying can continue into later life

How much impact screen time is having on life

Statutory Requirements

Wellbeing online section 3

Online safety and awareness sections 10 and 13

My Future and Finances

Key Questions

What information can we gain from a wage slip?

How do I start to budget?

What are the differences between buying and renting a house?

What previous knowledge is required?

KS3

Introduction to tax and government and taxes

Common Misconceptions

What a payslip shows, how to read a pay slip and how to question errors on a payslip

How to budget with sudden changes and unexpected expenditure

The expenses involved in both buying a house or renting

Exam Season

Key Questions

How can stress impact my physical and mental health?

How can I manage exam stress?

What previous knowledge is required?

KS3

Physical health and mental health, sleep and relaxation and stress management

Year 10

Promoting wellbeing

Common Misconceptions

That physical and mental symptoms are unconnected or that the physical is more important

Statutory Requirements
Mental wellbeing sections 4, 6 and 9