

Year 8 PSHE		
Term One		
Week 1	Week 2	Week 3
Bullying and lonlieness	Personal safety	Respect and women
Term Two		
Week 1	Week 2	Week 3
Mental health, wellebing and stress	Bullying and child abuse	Physical health and body image
Term Three		
Week 1	Week 2	Week 3
Relationships and sex education	Healthy relationships and conflict	Periods and contraception
Term Four		
Week 1	Week 2	Week 3
County Lines	Substance misuse	Online grooming and exploitation
Term Five		
Week 1	Week 2	Week 3
Digital media literacy	AI , algorithms and chat bots	AI generated images and deepfakes
Term Six		
Week 1	Week 2	Week 3
Identity	Sterotypes	First Aid