

Year 7 PSHE	
Managing Change	
Key Questions	
What does the term transition mean and how will it impact my future? Is it important to know what I want to do in the future? How can sleep impact my day-to-day life?	
What previous knowledge is required?	
Primary: The importance of sufficient good quality sleep for health, the amount of sleep recommended for their age, and practical steps for improving sleep, such as not using screens in the bedroom. Knowledge of a variety of different career choices.	
How will this term's content help with future learning?	
Supports our careers programme and helps prepare students for year 9 when they make decisions about their option subjects and year 11 when they make choices around their post 16 options.	
Common Misconceptions	
Qualifications needed for a job or career, that the path to a job is a straight road which cannot be deviated from and not understanding how choices now can impact future choices. The amount of sleep required and a lack of understanding how sleep can directly impact a person's ability to focus, recall information and retain information for long periods.	
Statutory Requirements	
Health protection and prevention section 6	
Puberty and Body Development	
Key Question	
What is puberty? How does puberty effect boys and girls differently? What is good personal hygiene?	
What previous knowledge is required?	
Primary: Dental health and the benefits of good oral hygiene, including brushing teeth twice a day with fluoride toothpaste, cleaning between teeth, and regular check-ups at the dentist. Personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing. How the body develops during adolescence, correct names for body parts and facts about the menstrual cycle.	
How will this term's content help with future learning?	
Year 8 terms two and three Physical health, healthy relationships and sex education Year 9 terms three and five Sex and the law, contraception and STI's. Year 10 term three	

Sex education

Year 11 term

Adult health

Common Misconceptions

Confusing the physical changes which affect boys, girls and both.

Not understanding how emotional changes can impact a person as much as the physical.

Statutory Requirements

Health protection and prevention section 1 and 2

Changing Bodies section 1 and 2

Friends, Respect and Relationships

Key Question

How important is respect in a relationship?

Why are consents and boundaries so important?

What is peer pressure?

What previous knowledge is required?

Primary:

How to pay attention to the needs and preferences of those around them, to understand the importance of respecting boundaries of others and setting their own boundaries.

How to show respect to others around them and understand that they deserve to be treated with respect.

Understanding how their bodies belong to them and how consent supports this.

How will this term's content help with future learning?

Term three in year 8, 9 and 10

Healthy relationships, sex and the law and unhealthy relationships

Common Misconceptions

What constitutes as peer pressure, how peer pressure can impact a person's life and how easy it is to fall a victim to peer pressure.

Statutory Requirements

Respectful relationships sections 1,2 and 8

Being safe sections 1 and 2

Staying Safe Online and Offline

Key Question

What risks are there to being online?

Why might someone want to take a risk like commit a crime?

What can be classified as a harmful substance?

What previous knowledge is required?

Primary:

The facts about legal and illegal harmful substances and associated risks, including smoking, vaping, alcohol use and drug-taking. This should include the risks of nicotine addiction, which are also caused by other nicotine products such as nicotine pouches.

How will this term's content help with future learning?

Year 8, 9 and 11 term 4

Alcohol safety, legal and illegal drugs and staying safe

Common Misconceptions

Vaping is safer than smoking.

Laws around alcohol, smoking, vaping and energy drinks.

Statutory Requirements

Drugs and alcohol section 6 and 7.

Money, Media and Modern Society

Key Question

How will taxes impact my life?

What does it mean to be a responsible citizen?

What are deep fakes?

What previous knowledge is required?

Primary:

A basic understanding of the government and British values.

How British values are still important in modern society.

How will this term's content help with future learning?

Year 8 term 5

Digital worlds and emerging dangers

Year 9 term 1

Equality and diversity

Year 10 term 6

Exploring British values

Common Misconceptions

Taxes are only used to pay politicians.

Not everyone pays taxes and taxes are paid only out of peoples wages.

What is means to be a British citizen.

Statutory Requirements
Online safety and awareness section 7
Law, Crime and Society
Key Question
How does a community form? What type of leader are you? What is first aid?
What previous knowledge is required?
No previous learning required as this term is a practical term where students learn about communities, society, laws and their own leadership skills with a set of scenarios based on a Desert Island.
How will this term's content help with future learning?
Year 8 term 6 Celebrating difference Year 9 term 1 Equality and diversity explored Year 10 term 6 Exploring British values
Common Misconceptions
A lack of understanding around laws and punishments currently used in the UK. Students often start the term making more biased based decisions but learn to recognise these as the tasks progress.
Statutory Requirements
Basic first aid section 1