

Year 7 PSHE

Term One

Week 1

Transition

Week 2

Careers and financial education

Week 3

Sleep and relaxation

Term Two

Week 1

Introduction to puberty

Week 2

Puberty

Week 3

Personal Hygiene

Term Three

Week 1

Friendships. Online relationships and respect

Week 2

Consent and Boundaries

Week 3

Pressure, influences and what it means to be a man

Term Four

Week 1

Staying safe online

Week 2

Criminal behaviour and gangs

Week 3

Substance abuse and risks

Term Five

Week 1

Government and taxes

Week 2

Becoming a responsible citizen and financial responsibility

Week 3

Deep fakes and politics

Term Six

Week 1

Desert Island- Building a community

Week 2

Desert Island- Making decisions

Week 3

First Aid