

MEAL DEAL MENU – WEEK 1

W/C: 31ST AUGUST, 21ST SEPTEMBER & 12TH OCTOBER



Cornwallis Academy
Ambitions for All

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
FILLED CIABATTA ROLLS		FILLED BLOOMER SLICES		FILLED WRAPS		FILLED SOURDOUGH BAGUETTES		FILLED HOAGIES	
APPLEWOOD SMOKED CHEESE & ROASTED TOMATO CHUTNEY £1.60		SLICED CHICKEN, BEEFSTEAK TOMATO & GREEN PESTO £1.60		FALAFEL & MINT DRESSING BEETROOT WRAP £1.60		SMOKED SALMON, SPINACH & PHILADELPHIA CREAM CHEESE £1.60		BEEF PASTRAMI WITH AMERICAN MUSTARD £1.60	
TUNA MAYONNAISE £1.20		SLICED PORK SAUSAGE £1.20		BBQ CHICKEN WITH LOLO BIANA LETTUCE £1.20		SLICED HAM & PICKLE £1.20		EGG MAYONNAISE WITH MUSTARD & CRESS £1.20	
EGG MAYONNAISE £1.20		CHICKEN MAYONNAISE & SALAD £1.20		CHEESE & RED ONION £1.20		BLT £1.20		CORONATION CHICKEN WITH OAKLEAF LETTUCE £1.20	
CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & CUCUMBER £1.20		HAM WITH SLICED BEEFSTEAK TOMATO £1.20		CHICKEN SALAD £1.20		CHEESE & SLICED BEEFSTEAK TOMATO £1.20	
HAM SALAD £1.20		HAM £1.20		TUNA MAYONNAISE & SWEETCORN £1.20		CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & SALAD £1.20	
SEASHELL - CONCHIGLIE		TWISTS FUSILLI		PASTA POTTS - £1.20		SEASHELL - CONCHIGLIE		TWISTS FUSILLI	
CHEESE		BOLOGNESE		PENNE		ARRABIATTA		CHEDDAR CHEESE WITH RED PESTO	
HAM		CHEESE & GREEN PESTO		TOMATO & MASCARPONE CHEESE		TUNA MAYONNAISE & SWEETCORN		ROASTED PEPPERS & OLIVE OIL	
TUNA MAYONNAISE		TUNA & RED ONION		GRATED CHEDDAR & MIXED HERB OLIVE OIL		HAM & CHEESE		TOMATO & BASIL	
EGG MAYONNAISE WITH MUSTARD & CRESS									
SNACK		SNACK		SNACK		SNACK		SNACK	
WATERMELON WEDGE £0.60		BANANA £0.50		MIXED GRAPE POT £0.60		CREAMY FRUIT MULLER YOGURT POT £0.80		FRUIT JELLY POT £0.80	
DRINK – CHOICES AVAILABLE EACH DAY									
BOTTLE VOLVIC FRUIT 500ML - £1.10									
CAPRISUN FRUIT DRINK 200ML - £0.80									
FRUIT SHOOT 200ML – £0.60									
BOTTLE 500ML PRINCES GATE MINERAL WATER £0.60									

MEAL DEAL MENU – WEEK 2

W/C: 7TH SEPTEMBER & 28TH SEPTEMBER



Cornwallis Academy
Ambitions for All

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
FILLED CIABATTA ROLLS		FILLED BLOOMER SLICES		FILLED WRAPS		FILLED SOURDOUGH BAGUETTES		FILLED HOAGIES	
SPINACH, CRABSTICK & SEAFOOD SAUCE £1.60		CREAM CHEESE, MANGO CHUTNEY & SALAD £1.60		SWEET CHILLI CHICKEN & SPRING ONION £1.60		BBQ JACKFRUIT, RED ONION, SLICED BEEFSTEAK TOMATO & ROCKET £1.60		CHICKEN, BACON & SLICED BEEFSTEAK TOMATO £1.60	
TUNA MAYONNAISE £1.20		SLICED PORK SAUSAGE £1.20		BBQ CHICKEN WITH LOLO BIANA LETTUCE £1.20		SLICED HAM & PICKLE £1.20		EGG MAYONNAISE WITH MUSTARD & CRESS £1.20	
EGG MAYONNAISE £1.20		CHICKEN MAYONNAISE & SALAD £1.20		CHEESE & RED ONION £1.20		BLT £1.20		CORONATION CHICKEN WITH OAKLEAF LETTUCE £1.20	
CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & CUCUMBER £1.20		HAM WITH SLICED BEEFSTEAK TOMATO £1.20		CHICKEN SALAD £1.20		CHEESE & SLICED BEEFSTEAK TOMATO £1.20	
HAM SALAD £1.20		HAM £1.20		TUNA MAYONNAISE & SWEETCORN £1.20		CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & SALAD £1.20	
PASTA POTTS - £1.20									
SEASHELL - CONCHIGLIE		TWISTS FUSILLI		PENNE		SEASHELL - CONCHIGLIE		TWISTS FUSILLI	
CHEESE		BOLOGNESE		TOMATO & MASCARPONE CHEESE		ARRABIATTA		CHEDDAR CHEESE WITH RED PESTO	
HAM		CHEESE & GREEN PESTO		GRATED CHEDDAR & MIXED HERB OLIVE OIL		TUNA MAYONNAISE & SWEETCORN		ROASTED PEPPERS & OLIVE OIL	
TUNA MAYONNAISE		TUNA & RED ONION		EGG MAYONNAISE WITH MUSTARD & CRESS		HAM & CHEESE		TOMATO & BASIL	
SNACK									
WATERMELON WEDGE £0.60		BANANA £0.50		MIXED GRAPE POT £0.60		CREAMY FRUIT MULLER YOGURT POT £0.80		FRUIT JELLY POT £0.80	
DRINK – CHOICES AVAILABLE EACH DAY									
BOTTLE VOLVIC FRUIT 500ML - £1.10									
CAPRISUN FRUIT DRINK 200ML - £0.80									
FRUIT SHOOT 200ML – £0.60									
BOTTLE 500ML PRINCES GATE MINERAL WATER £0.60									

MEAL DEAL MENU – WEEK 3

W/C: 14TH SEPTEMBER & 5TH OCTOBER



Cornwallis Academy
Ambitions for All

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
FILLED CIABATTA ROLLS		FILLED BLOOMER SLICES		FILLED WRAPS		FILLED SOURDOUGH BAGUETTES		FILLED HOAGIES	
APPLEWOOD SMOKED CHEESE & ROASTED TOMATO CHUTNEY £1.60		CREAM CHEESE, MANGO CHUTNEY & SALAD £1.60		FALAFEL & MINT DRESSING BEETROOT WRAP £1.60		SMOKED SALMON, SPINACH & PHILADELPHIA CREAM CHEESE £1.60		APPLEWOOD SMOKED CHEESE & ROASTED TOMATO CHUTNEY £1.60	
TUNA MAYONNAISE £1.20		SLICED PORK SAUSAGE £1.20		BBQ CHICKEN WITH LOLO BIANA LETTUCE £1.20		SLICED HAM & PICKLE £1.20		EGG MAYONNAISE WITH MUSTARD & CRESS £1.20	
EGG MAYONNAISE £1.20		CHICKEN MAYONNAISE & SALAD £1.20		CHEESE & RED ONION £1.20		BLT £1.20		CORONATION CHICKEN WITH OAKLEAF LETTUCE £1.20	
CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & CUCUMBER £1.20		HAM WITH SLICED BEEFSTEAK TOMATO £1.20		CHICKEN SALAD £1.20		CHEESE & SLICED BEEFSTEAK TOMATO £1.20	
HAM SALAD £1.20		HAM £1.20		TUNA MAYONNAISE & SWEETCORN £1.20		CHEDDAR CHEESE SALAD £1.20		TUNA MAYONNAISE & SALAD £1.20	
SEASHELL - CONCHIGLIE		TWISTS FUSILLI		PASTA POTTS - £1.20		SEASHELL - CONCHIGLIE		TWISTS FUSILLI	
CHEESE		BOLOGNESE		PENNE		ARRABIATTA		CHEDDAR CHEESE WITH RED PESTO	
HAM		CHEESE & GREEN PESTO		TOMATO & MASCARPONE CHEESE		TUNA MAYONNAISE & SWEETCORN		ROASTED PEPPERS & OLIVE OIL	
TUNA MAYONNAISE		TUNA & RED ONION		GRATED CHEDDAR & MIXED HERB OLIVE OIL		HAM & CHEESE		TOMATO & BASIL	
EGG MAYONNAISE WITH MUSTARD & CRESS									
SNACK		SNACK		SNACK		SNACK		SNACK	
MIXED MELON POT £0.60		BANANA £0.50		APPLE & GRAPE PACKS £0.60		CREAMY FRUIT MULLER YOGURT POT £0.80		FRUIT JELLY POT £0.80	
DRINK – CHOICES AVAILABLE EACH DAY									
BOTTLE VOLVIC FRUIT 500ML - £1.10									
CAPRISUN FRUIT DRINK 200ML - £0.80									
FRUIT SHOOT 200ML – £0.60									
BOTTLE 500ML PRINCES GATE MINERAL WATER £0.60									